



THE INTERNATIONAL CONGRESS
osteopathy and Sport:
WHEN, HOW and WHY

From the 11 to 12 of September 2021 - Online Congress

11 of September 2021

9:00 - Lectio magistralis: **Osteopathy and sport, when, how and why.** *Marcello Luca Marasco*, DO, Roumanian National Rowing Team at Olympic Games Tokyo 2020; Principal at Schools of Osteopathy AbeOS (Italy) and OIA (Roumania);

9:45 - **Glenomeral Internal Rotation Deficit (GIRD) in overhead throwing athletes: potential and prospective of OMT.** *Francesco Senigaglia* D.O.m.ROI.;

10:15 - Question time for the lectures just presented;

10:45 - Coffee break;

11:15 - **Adverse events after cervical spine manipulation. A systematic review.** *Casarini Davide*, D.O.;

11:45 - **Osteopathic manipulative treatment in the setting of prevention of knee and ankle injuries on a firefighters test group.** *D'Arpa Dario* D.O.;

12:15 - **Increased jumping performance after OMT.** *D'Alessandro Mauro* (Students at AbeOS, School of Osteopathy);

12:45 - Question time for the lectures just presented;

13:15 - End of the morning session, lunch break;

15:00 - **Validation of the osteopathic differential diagnosis test discriminating between ligamentous-capsular joint VS hyaline joint dysfunction.** *Nicola Bianchi*, D.O.; *¹

15:30 - **State of art about athletic pubalgia.** *Boccaletti Dario* and *Bernardi Erika* (Students at AbeOS, School of Osteopathy);

16:00 - Question time for the lectures just presented;

16:30 - Coffee break;

17:00 - **Evaluation of recurrent osteopathic patterns in professional rowing athletes.** *Colantoni Daniele* D.O.; *²

17:30 - **Heart rate variability and stress variations in the autonomic nervous system following an OMT protocol.** *Luca Valsuani* D.O.; *³

18:00 - Question time for the lectures just presented;

18:30 - End of the afternoon session.

*¹ representing other authors (*Giorgio Angelotti*, D.O., *Cambule Fabiano* D.O., *Nicola Carnicelli* D.O., *Sandro Giobbi* D.O., *Laura Panzani* D.O., *Massimo Piram* D.O., *Francesco Paperini* D.O., *Federico Rocchiccioli* D.O.)

*² representing other authors (*Rubino Salvatore* D.O., *Fioretti Sandro* D.O.)

*³ representing other authors (*Fabio Miglioli* D.O., *Alice Ugolini* D.O.)



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12 of September 2021

From 9:00 to 13:00 (10:45 - coffee break): **Workshop by Marcello Luca Marasco:**

Osteopathy in sport field: benchmarks, evaluation of the athletes, treating the athletes