

11 of September 2021

9:00 - Lectio magistralis: **Osteopathy and sport, when, how and why.** *Marcello Luca Marasco*, DO, Roumanian National Rowing Team at Olympic Games Tokyo 2020; Principal at Schools of Osteopathy AbeOS (Italy) and OIA (Roumania);

9:45 - Glenomeral Internal Rotation Deficit (GIRD) in overhead throwing athletes: potential and prospective of OMT. *Francesco Senigagliesi* D.O.m.ROI.;

10:15 - Question time for the lectures just presented;

10:45 - Coffee break;

11:15 - Adverse events after cervical spine manipulation. A systematic review. Casarini Davide, D.O.;

11:45 - Osteopathic manipulative treatment in the setting of prevention of knee and ankle injuries on a firefighters test group. *D'Arpa Dario* D.O.;

12:15 - Increased jumping performance after OMT. *D'Alessandro Mauro* (Students at AbeOS, School of Osteopathy);

12:45 - Question time for the lectures just presented;

13:15 - End of the morning session, lunch break;

15:00 - Validation of the osteopathic differential diagnosis test discriminating between ligamentouscapsular joint VS hyaline joint disfunction. *Nicola Bianchi*, D.O.; *1

15:30 - **State of art about athletic pubalgia.** *Boccaletti Dario* and *Bernardi Erika* (Students at AbeOS, School of Osteopathy);

16:00 - Question time for the lectures just presented;

16:30 - Coffee break;

17:00 - Evaluation of recurrent osteopathic patterns in professional rowing athletes. *Colantoni Daniele* D.O.; *²

17:30 - Heart rate variability and stress variations in the autonomic nervous system following an OMT protocol. *Luca Valsuani* D.O.; *³

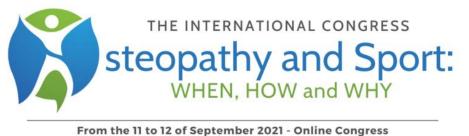
18:00 - Question time for the lectures just presented;

18:30 - End of the afternoon session.

*1 representing other authors (*Giorgio Angelotti*, D.O., *Cambule Fabiano* D.O., *Nicola Carnicelli* D.O., *Sandro Giobbi* D.O., *Laura Panzani* D.O., *Massimo Piram* D.O., *Francesco Paperini* D.O., *Federico Rocchiccioli* D.O.

*² representing other authors (*Rubino Salvatore* D.O., *Fioretti Sandro* D.O.)

*³ representing other authors (Fabio Miglioli D.O., Alice Ugolini D.O.)



12 of September 2021

From 9:00 to 13:00 (10:45 - coffee break): Workshop by Marcello Luca Marasco:

Osteopathy in sport field: benchmarks, evaluation of the athletes, treating the athletes