

Osteopathy course organized by O.I.A. (Osteopathic International Academy).  
 - DIDACTIC PROGRAMME OSTEOPATHY SCHOOL – Iasi, Romania

Seminar n° 1		Introduction and principles of osteopathy			Subject
	THU	FRI	SAT	SUN	Hist
<b>Morning</b>	History of osteopathy. Hist	The barriers. Family of techniques. Prin	Introduction to general anatomy and anatomy of fascia. Anat	Introduction to anatomy of cranium. Anat	Prin
<b>Afternoon</b>	Principles of osteopathy. Prin	Find a barrier in a joint. CliMeOs	Palpatory training: first experience on fascia. CliMeOs	Palpatory training: first experience on cranium. CliMeOs	CliMeOs
Teacher of the first seminar: <b>Marcello Luca Marasco</b>					Anat
					<b>Total CFO: 3,25</b>

Seminar n° 2		Lower limb, Hip and Knee			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Hip and Knee anatomy. Anat	Pathology of the hip and the knee. Patho	Osteopathic techniques for the knee. OMT	Osteopathic approach to the lower limb fascia. OMT	CliMeOs
<b>Afternoon</b>	Palpation and osteopathic tests of hip and knee. CliMeOs	Osteopathic techniques for the hip. OMT	Hip and knee orthopedic tests. CliMe	Osteopathic approach to the lower limb fascia. OMT	Patho
					OMT
					CliMe
					<b>Total CFO: 2,5</b>

Seminar n° 3		First cranial approach			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	General anatomy of the cranium. Anat	Anatomy of sphenoid bone and occiput. Anat	Human embriology. Anat	Muscles of cranium. Anat	CliMeOs
<b>Afternoon</b>	cranial repere points. CliMeOs	Practical approach to shenoid. OMT	Practical approach to occiput. OMT	Palpation of muscles of cranium. CliMeOs	OMT
					<b>Total CFO: 3</b>

Seminar n° 4		Introduction to radiology. Lower limb and foot			Subject
	THU	FRI	SAT	SUN	Imag
<b>Morning</b>	Introduction to radiology. Imag	Anatomy of foot. Anat	Biomechanics of the lower limb. Biom	Tecniques of the foot. OMT	Anat
<b>Afternoon</b>	Radiology of lower limb. Imag	Palpation of the foot. CliMeOs	Clinical examination of the lower limbs. CliMeOs	Tecniques of the foot. OMT	Biom
					CliMeOs
					OMT
					<b>Total CFO: 3</b>

Seminar n° 5		Clinical reasoning 1			Subject
	THU	FRI	SAT	SUN	Physio
<b>Morning</b>	Organisation of the nervous system. Physio	Homeostasis and allostasis. Physio Evaluation and physical examination of the person. CliMe	General and local adaptative syndrom. Physio Physical examination of the person. Clime	Zink and Lawson test. CliMeOs	CliMe
<b>Afternoon</b>	Organisation of the nervous autonomic system. Physio	Maximalism approach: G.O.T. OMT	Maximalism approach: G.O.T. OMT	Practise about Zink and Lawson test. CliMeOs	CliMeOS
					OMT
					<b>Total CFO: 2,5</b>

Seminar n° 6		Fascial approach			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Histology and anatomy of fascia. Anat	Palpatory training about fascia. OMT	Anatomy of fascia of lower limb. Anat	Tecniques on fascia of the leg. Interosseus membrane. OMT	Physio
<b>Afternoon</b>	Function of fascia. Physio	Classification of fascia by Kumka. CliMeOs	Tecniques on fascia of the foot. OMT	Tecniques on fascia of the thigh. OMT	OMT
					CliMeOs
					<b>Total CFO: 2,75</b>

Seminar n° 7		Cranial approach: the vault and circulation			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of parietal and frontal bone. Anat	Anatomy of temporal and ethmoid bone. Anat	Circulation of the fluids into the cranium. Physio	Concept of V-spread, theory and practise. OMT	OMT
<b>Afternoon</b>	Practical approach to parietal and frontal. OMT	Practical approach to temporal and ethmoid. OMT	Practical Approach to the Venus sinus. OMT	General Review. OMT	Physio
					<b>Total CFO: 3,25</b>

Seminar n° 8		Pelvis			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of the pelvis. Anat	Anatomy of nerves and vessels of the pelvis. Anat	HVLA techniques of iliac bone. OMT	MET technique of pelvis. OMT	CliMe
<b>Afternoon</b>	Palpate the anatomy of the pelvis. CliMe	Pelvis osteopathic diagnosis. OMT	HVLA techniques of sacrum. OMT	indirect technique of pelvis. OMT	OMT
					<b>Total CFO: 2,5</b>

Seminar n° 9		Lumbar spine and Low Back Pain			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of lumbar spine and lumbosacral nerve plexus. Anat	Anatomy, physiology and pathology of the intervertebral disk. IntSc	Low Back Pain: discal derangement, Myofascial syndrome, other pathology. IntSc	Approach to disk derangement and myofascial syndrome of the lumbar squared muscle. OMT	CliMeOs
<b>Afternoon</b>	Fryette laws. CliMeOs	Osteopathic evaluation of the lumbar spine. CliMeOs	HVLA, MET and functional techniques of the lumbar rachis. CliMeOs	General Review. OMT	IntSc
					OMT
					<b>Total CFO: 2,75</b>

Seminar n° 10		Cranial approach: the face and the mouth			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of the face and the mouth. Anat	Embriology of the head and neck. Anat	Anatomy of the TMJ and the tongue. Anat	Atypical swallowing. IntSc	CliMeOs
<b>Afternoon</b>	Palpation and approach to face bone 1. CliMeOs	Palpation and approach to face bone 2. CliMeOs	Techniques for TMJ. OMT	Postural evaluation and tests for atypical swallowing. CliMe	OMT
					IntSc
					CliMe
					<b>Total CFO: 3</b>

Seminar n° 11		Clinical reasoning: management of the patient, the five osteopathic models			Subject
	THU	FRI	SAT	SUN	Prin
<b>Morning</b>	Osteopathic rationale of synovial joints. Prin	Select between general or local approach. Prin	The five osteopathic models 1. Prin	The five osteopathic models 3. Prin	CliMeOs
<b>Afternoon</b>	Hyaline or capsular legamentous disfunction. CliMeOs	Practise on select between general or local approach. CliMeOs	The five osteopathic models 2. Prin	Practise for select the model. CliMeOS	
					<b>Total CFO: 3,25</b>

Seminar n° 12		Clinical approach			Subject
	THU	FRI	SAT	SUN	CliMe
<b>Morning</b>	Clinical paper. CliMe	Real clinical case.Clinic	Role playng. Clinic	Real clinical case.Clinic	IntSc
<b>Afternoon</b>	Professionalism and ethic in the osteopathic profession. IntSc	Real clinical case.Clinic	Real clinical case.Clinic	General Review.IntSc	Clinic
					<b>Total CFO: 2,05</b>

Seminar n° 13		Diagnosis in cranial approach			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Sacrum: functional anatomy. Anat	Disfunction in the cranial field part 1/2. CliMe	Disfunction in the cranial field part 2/2. CliMe	General review about cranium. OMT	CliMeOs
<b>Afternoon</b>	Tecniques on sacrum in cranial approach. OMT	Manual approach for diagnosis in cranial field. CliMeOs	Manual approach for diagnosis in cranial field. CliMeOs	Sutural tecniques in cranial field. OMT	OMT
					<b>Total CFO: 2,25</b>

Seminar n° 14		The trunk part 1			Subject
	THU	FRI	SAT	SUN	IntSc
<b>Morning</b>	Intro to the trunk: container and content. IntSc	Intro to visceral approach. OMT	The diaphragm: anatomy and relations. Anat	The liver: physiology. Phisyo	CiMeOs
<b>Afternoon</b>	Palpation of the trunk. CiMeOs	Osteopathic diagnosis of dorsal vertebrae and ribs. CiMeOs	Osteopathic techniques for the diaphragm. OMT	Osteopathic techniques for the liver. OMT	OMT
					Anat
					Phisyo
					<b>Total CFO:</b> <b>2,75</b>

Seminar n° 15		The trunk part 2			Subject
	THU	FRI	SAT	SUN	Phisyo
<b>Morning</b>	The stomach: physiology. Phisyo	Osteopathic techniques for the dorsal vertebrae. OMT	Esophagus spleen and duodeno: physiology. Phisyo	Patology of stomach and liver. Patho	OMT
<b>Afternoon</b>	Osteopathic techniques for the stomach. OMT	Osteopathic techniques for the ribs. OMT	Osteopathic techniques for esophagus spleen and duodeno. OMT	General review of rachis and rib cage. OMT	Patho
					<b>Total CFO:</b> <b>2,75</b>

Seminar n° 16		U.T.O. (Upper Thoracic Outlet)			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of the UTO and organs of the content of thoracic cage. Anat	Physiology of breath and physiology of the heart. Physio	Anatomy of shoulder, scapula and clavicle. Anat	Patology of lung and heart. Patho	CI Me
<b>Afternoon</b>	Clinical Test about UTO syndrome. CI Me	Osteopathic approach to organs of the content of thoracic cage. OMT	Osteopathic test about shoulder and clavicle. CI MeOs	Osteopathic approach to shoulder, clavicle, scapula. OMT	Physio
					OMT
					CI MeOs
					Patho
					<b>Total CFO: 3</b>

Seminar n° 17		Clinical			Subject
	THU	FRI	SAT	SUN	CI Me
<b>Morning</b>	Clinical scenarios. CI Me	Real clinical case.Clinic	Role playng. Clinic (con l'insegnante)	Real clinical case.Clinic	Clinic
<b>Afternoon</b>	Clinical scenarios. CI Me	Real clinical case.Clinic	Real clinical case.Clinic	General Review.IntSc	IntSC
					<b>Total CFO: 1,8</b>

Seminar n° 18		Gastroenteric osteopathic approach			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Embriology of the gastroenteric tract. Anat	Palpation of the abdomen. CIME	Osteopathic diagnosis about gastroenteric tract. CliMeOs	Tecniques for the gut: duodenum and small intestine. OMT	CIME
<b>Afternoon</b>	Anatomy of the gastroenteric. Tract. Anat	Physiology of the gut. Phisyo	Pathology of the gut. Patho	Tecniques for the gut: colon (large intestine). OMT	Phisyo
					Patho
					CIMEOs
					OMT
					<b>Total CFO: 3</b>

Seminar n° 19		Osteopathic approach to lymphatic system and immune system			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of the immune system. Anat	Introduction to the osteopathic approach at lymphatic and immune system. Cl.Me	Pathology of the immune system. Patho	Clinical reasoning about allostatic overload on respiratory circulatory model. Prin	Phisyo
<b>Afternoon</b>	Phisyo of the immune system. Phisyo	Lymphatic system drainage techniques. OMT	Lymphatic system drainage techniques. OMT	Lymphatic system drainage techniques. OMT	CIME
					Patho
					Prin
					OMT
					<b>Total CFO: 3,25</b>



Seminar n° 20		Neck			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of cervical rachis and his nervous plexus. Anat	Palpation of the anatomical structure of neck. CIMEOs	Osteopathic approach to the neck (HVLA, functional, Sutherland techniques). OMT	Osteopathic approach to OAA. OMT	Biom
<b>Afternoon</b>	Biomechanics of neck. Biom	Clinical examination of the neck. CIME	Introduction to OAA (Occiput, Atals, Axis). CIMEOs	General review of the neck. OMT	CliMeOs
					CIME
					OMT
					<b>Total CFO:</b> <b>2,5</b>

Seminar n° 21		The upper limb			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of the upper limb. Anat	Pathology of upper limb. Patho	Osteopathic diagnosis in upper limb. OMT	Osteopathic approach to upper limb. OMT	Biom
<b>Afternoon</b>	Biomechanics of the upper limb joints. Biom	Clinical test about upper limb. CIME	Osteopathic approach to upper limb. OMT	Osteopathic approach to upper limb. OMT	Patho
					CIME
					OMT
					<b>Total CFO:</b> <b>2,75</b>

Seminar n° 22		Osteopathic approach to otorhinolaryngology sphere and fluid of the cranium			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy in the otorhinolaryngology sphere. Anat	Phatology in the otorhinolaryngology sphere. Patho	Osteopathic approach to otorhinolaryngology sphere. OMT	Osteopathic approach to otorhinolaryngology sphere. OMT	Physio
<b>Afternoon</b>	Physiology in the otorhinolaryngology sphere. Physio	Osteopathic approach to otorhinolaryngology sphere. OMT	Osteopathic approach to otorhinolaryngology sphere. OMT	Tecniques for third and fourth ventricle. OMT	Patho
					OMT
					<b>Total CFO: 2,75</b>

Seminar n° 23		Clinic			Subject
	THU	FRI	SAT	SUN	ClMe
<b>Morning</b>	Clinical scenarious. ClMe	Real clinical case.Clinic	Role playng. Clinic (con l'insegnante)	Real clinical case.Clinic	Clinic
<b>Afternoon</b>	Clinical scenarious. ClMe	Real clinical case.Clinic	Real clinical case.Clinic	General Review. IntSc	IntSc
					<b>Total CFO: 1,8</b>

Seminar n° 24		Osteopathic approach in dentistry, orthodontics, ophthalmology			Subject
	THU	FRI	SAT	SUN	ClMe
<b>Morning</b>	Dentistry. Anat Orthodontics.Cl Me	Osteopathic approach in Dentistry and Orthodontics field.OMT	Osteopathic approach in Dentistry and Orthodontics field.OMT	Osteopathic approach in ophthalmology field.OMT	IntSc
<b>Afternoon</b>	Relation among Osteopathy, Dentistry and Orthodontics. IntSc	Osteopathic approach in Dentistry and Orthodontics field.OMT	Anatomy of the Eye. Anat ophthalmology . ClMe	Osteopathic approach in ophthalmology field.OMT	OMT
					Anat
					<b>Total CFO: 2,5</b>

Seminar n° 25		Osteopathic approach to genitorinay system			Subject
	THU	FRI	SAT	SUN	Anat
<b>Morning</b>	Anatomy of genitorinay system in male and female. Anat	Pathology of genitorinay system in male and female. Patho	Osteopathic Evaluation in genitorinay system in male and female. CIMEOs	Osteopathic approach in genitorinay system in male and female. OMT	Physio
<b>Afternoon</b>	Physiology of genitorinay system in male and female. Physio	Evaluation in genitorinay system in male and female. CIME	Osteopathic approach in genitorinay system in male and female. OMT	Clinic with patients with dismenorrea or prostate disease. Clinic	Patho
					CIME
					CIMEOs
					OMT
					Clinic
					<b>Total CFO: 2,5</b>

Seminar n° 26		Osteopathic approach in pregnancy, labour and in newborn			Subject
	THU	FRI	SAT	SUN	Physio
<b>Morning</b>	Physiology of female reproductive system. Physio	Evaluation in pregnancy. CIMEOs	Osteopathic consideration about newborn. Prin	Osteopathic approach to the newborn. OMT	Prin
<b>Afternoon</b>	Osteopathic considerations about pregnancy and labour. Prin	Osteopathic approach in pregnancy. OMT	Evaluation of newborn. CIMEOs	Clinic with real newborns or pregnant women. clinic	CIMEOs
					OMT
					Clinic
					<b>Total CFO: 2,7</b>

Seminar n° 27		Osteopathic approach in Childhood			Subject
	THU	FRI	SAT	SUN	IntSc
<b>Morning</b>	Considerations about Childhood. IntSc	Pathology in Childhood. Patho	Radiology of the rachis. Imag	Osteopathic approach in scoliosis and postural disease. OMT	CIMe
<b>Afternoon</b>	Evaluation in the different age of the Childhood. CIMe	Pathology in Childhood. Patho	Osteopathic approach in scoliosis and postural disease. OMT	Osteopathic approach in scoliosis and postural disease. OMT	Patho
					Imag
					OMT
					<b>Total CFO: 3</b>

Seminar n° 28		Osteopathic approach in athletes and in post-trauma			Subject
	THU	FRI	SAT	SUN	IntSc
<b>Morning</b>	Considerations about athletes. IntSc	Evaluation in sport. IntSc	Cosiderations about traumatic events. IntSc	Clinical evaluation of the vestibule functions. CIMe	Prin
<b>Afternoon</b>	Osteopathic considerations about athletes. Prin	Osteopathic approach in athletes. OMT	Clinic with real athletes or patients with trauma outcomes. Clinic	Osteopathic approach in trauma. OMT	OMT
					Clinic
					CIMe
					<b>Total CFO: 2,95</b>

Seminar n° 29		Osteopathic approach in third age and in severe disease			Subject
	THU	FRI	SAT	SUN	IntSc
<b>Morning</b>	Considerations about aging. IntSc	Osteopathic Considerations about cardiopathies and diabetes. Prim	Neurological disease. Patho	Clinic with real patients with neurological disease. Clinic	Prim
<b>Afternoon</b>	Clinical Considerations about severe disease. IntSc	Osteopathic Considerations about lung disease. Prim	Clinic with real patients senior citizens. Clinic	OMT: general review. OMT	Patho
					Clinic
					OMT
					<b>Total CFO: 3,1</b>

Seminar n° 30		Osteopathic clinic, review seminar			Subject
	THU	FRI	SAT	SUN	Prim
<b>Morning</b>	Clinic	Clinic	General review on trunk. Prin	General review on fascial system. Prin	Clinic
<b>Afternoon</b>	Clinic	Clinic	General review on assial skeleton. Prin	General review on peripheral skeleton. Prin	
					<b>Total CFO: 2,65</b>